



Manly

ST PAUL'S ANGLICAN COMMUNITY, MANLY
SUNDAY 30th November 2025

ST PAUL'S NEWS

JESUS CHRIST | SPIRITUALITY | COMMUNION | TRADITION

We Paint The Bayside Orange with Zonta



WELCOME

At St Paul's "we love because God first loved us" (1 Jn. 4:19). We believe in the inherent goodness of all people - that the divine dwells at the heart of all living things. We believe the whole world is sacred and so we seek to celebrate God's presence among us with joy.

St Paul's is an inclusive church, welcoming all and offering equal opportunities for those seeking an authentic spiritual community.

We acknowledge the traditional custodians of this land, the Quandamooka people and their elders past and present.
We honour the connection the traditional custodians have with this place



- ◆ Breakfast with meaning
- ◆ More Advent Creativity
- ◆ Angels Among US
- ◆ More Cursillo Pics
- ◆ Community Christmasses

St Paul's Anglican Community, Manly gathers every Sunday at 9.30am in the Chapel, Lota House 162 Oceana Terrace, Lota. We welcome you!

PARISH PRIEST

Rev Andrew Cooper 0447 409 188 priest@stpaulsmanly.org

PEOPLE'S WARDEN Dr Jennifer Crisp 0423 782 646

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Community Matters

All Active and Orange at an early Breakfast

It was an early start for 14 of us and a few friends at the recent Zonta Paint the Bayside Orange Breakfast raising awareness for action to protect Women and Girls in our area. Our two tables were resplendent in the orange theme and as well as the great breakfast, amazing speakers and good company there was a prize or two had in the raffles. St Paul's has been a notable presence at this event over the years and each year take home a lot of hope and inspiration that action is occurring to make our community safer for everybody.



MU Member Amanda Moran writes: St Paul's was well represented this week at the annual Zonta (Brisbane East) Paint the Bayside Orange breakfast. This year marked 10 years of this important opportunity for bayside community groups and local people to gather and raise awareness of the impact of gender based violence. The event is part of the United Nations 16 Days of Activism against Gender-based Violence which is also strongly supported by Mother's Union.

Accompanying the delicious breakfast was a great presentation by **Kirsty Tschirpig and Shaan Ross-smith from the Be There Group**. They passionately outlined

their group's really valuable work that provides violence prevention, gender equality, and respectful culture training across



Australia and New Zealand through the lens of the active bystander and the Be There framework. There was a strong message that everyone can do something because every action, no matter how small, creates a ripple. They also promoted the free **Be There App**, the world's first bystander support tool for domestic, family, and sexual violence.

You can find out more about their work on their website <https://www.betheregroup.com.au/>



ADVENT BEGINS AND WE SHARE CREATIVITY AND SYMBOLS

Sandra Davis continues her series on our tapestry cushion displayed during the Season of Advent.

The first of the four Advent cushions, worked by Harline Dalton in 2001 and held here by Benjamin, brother-in-law of recent Baptism dad Elliott Gibson, is especially relevant to St. Paul's, as Harline named it "Here, At The Edge Of The Sea", which later became our parish hymn and, in 2014, the name of our parish history book. This name incorporates two ideas: our geographical position on the shores of Moreton Bay and, like the description on Joan's "Christ The King" cushion last week, the calling of the first four disciples by Jesus on the shore of the Sea of Galilee all those years ago.

On one vertical side of the cushion Harline has worked in red the phrase "Peace On Earth", words spoken by a group of angels to shepherds watching their sheep in fields outside Bethlehem on the night of Jesus' birth. The unexpected arrival of these angels, together with their wonderful saving message, at first astonished and frightened the shepherds, who then quickly overcame their initial reaction, left their flock and hastened to locate the newborn baby.



At this present time, peace in many countries seems to be elusive, but hopefully this situation might change. Please continue to pray for peace every where.



Sandra reports: Our recycling project continues well. Our latest balance stands at \$4,048.90 equating to 404,890 bottles, cans and cartons delivered over six years: a great effort from the twelve folk who collect the items, deliver them to the various outlets and forward the cash to me, to be banked by our Treasurer, Nicholas. Three recent payments were from Chris Wood, Desley and Shirley. I congratulate the twelve participants and encourage you to continue supporting this environmentally friendly project, which fits in nicely with our parish mission statement. A suggestion has been made by environmentalists to increase the payment for each article to 20 cents, replacing the current 10 cents. We are all hoping this will happen soon.



Advent Blessing of the Angels Sunday 30th November 2025 Bring your angels to church for a blessing.

In Advent, angels are important because they are **messengers** who announce the birth of Jesus, bringing **hope** and **joy** to humanity. They serve to prepare the way, provide reassurance, and confirm that Jesus is the promised Savior.

We'd love to share our angels of all sizes, bless them and send them home to be reminders of the reason we decorate and celebrate.



You may already have some... you might like to nip to the shops to buy one.... Or creative types might make some.

You could bring, buy or create an angel to be blessed and gifted to someone who needs a bit of angelic blessing in their lives this Christmas.

THIS WEEKEND!!!





Cursillo Brisbane 40th Anniversary Continued.



Last week Nick Crisp wrote about his experience at the recent celebrations. We promised we would include some pics of the wonderful public procession and dinner. The after Dinner Speech was given by Bishop Ian Palmer who spoke of his experience of being a pilgrim and the importance of the Liminal Spaces... those in between. Among many other things he shared six spiritual disciplines that have enriched his life.



1. Step into sacred space – being together in community with people who share the same uplifting experiences like worship, fellowship, singing hymns together. We can make going to church a deliberate entry into a liminal space.

2. Celebrate in person – being together with others creates bonds of support not found in the digital world, like breaking bread together around a common table or at the altar-rail. Take time in the Eucharist to smell, feel, taste the bread and wine as you take and eat.

3. Plan for Stillness and Silence – “Meditation helps to calm the monkey mind,” it promotes empathy. Separating ourselves from the noise and complexity of human interactions. Practise being silent and listen.

4. Love others – smartphones, social media, train us to be absorbed in ourselves, teaching us to be self-absorbed, judgmental, boastful; whereas out-going compassion and care heal the inner spirit. Give yourself a sabbatical from your media.

5. Be quick to forgive, slow to anger – social media trains us to be angry and make snap judgments, be hyper-critical of others. Jesus said, “Do not judge, so that you may not be judged.” It is important to be angry at injustice, but be very careful about snap judgments.

6. Find awe in nature – we cannot over-state the way in which being present in the natural world brings calmness and ennobles the spirit. Psalm 19, “The heavens are telling the glory of God and the firmament proclaims his handiwork.” Liminal space in nature is so refreshing.

You can read Bishop Ian's address here <https://www.cursillo-brisbane.com/2025-40thanniversary>



Gaudete Sunday End of Year Brunch Sunday 14th December

After the 9.30 Service

Salad Rolls by Subway (GFO)

Wear something rose coloured

and bring something sweet and festive for afters to share

BYO beverages

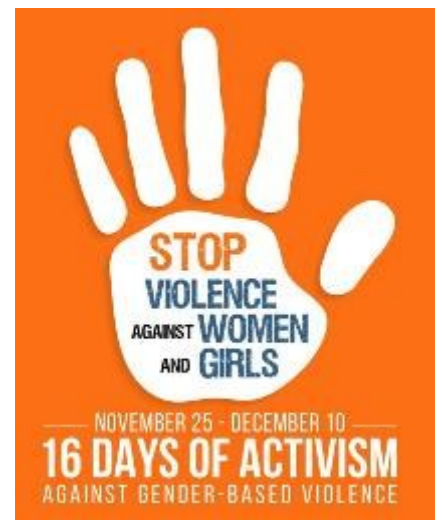
A donation for catering appreciated

MU ends the Year with 16 Days of Action

Manly Wynnum Mothers Union ended the year with deep thinking, a call to action and a celebration of all that has been achieved this year. Members gathered with Rev Andrew and Rev Sam at St Peters for a final Eucharist shaped by reflections and prayers drawn from MU resources for the UN's 16 Days of Action to End Gender Based Violence. MU joins our Diocese in participating in this world-wide focus and this year we particularly prayed for those taking active approaches to serving those people experiencing intimate partner violence regardless of gender, raising awareness and challenging unhealthy attitudes and behaviours.



After a busy planning meeting to get ready for 2026, members gathered at Fielders Club for a celebratory end of year lunch. What a wonderful year of fellowship, prayer, learning and engagement. Big thanks to our office bearers for all they do and we look forward to gathering again early in the newyear!!



Scripture Readings: Advent One Year A

Isaiah 2:1-5; Psalm 122;
Romans 13:11-14; Matthew 24:36-44

Next week: Advent Two Year A

Isaiah 11:1-10; Psalm 72:1-7,18-21;
Romans 15:4-13; Matthew 3:1-12

For your prayers:

- ♦ The Anglican Church of Australia
- ♦ The Parish of Brisbane Mar Thoma Church
- ♦ Anglicare SQ Out of Home Care, Central Region – Fraser & Gympie Residential
- ♦ Wynnum Men's Ministry Group

Yvonne, Coralie, Richard, Ann, Bruce, Judi, Brad, J, Chloe and Family, Shirley, Val, Vivien, Zoe, Ben, Desley, Michael, Peter, Jean, Carmel, Rev Sandy, Heidi, Fred, Atholl, Ruby, Kay, Jane

We give thanks for the life of Timothy Hudson whose Year's Mind occurs at this time. We hold Kay Voltz and family as they remember and connect at this time.

A Prayer for the First Sunday of Advent

Father, let your hope arise in our hearts!

Lift our eyes up to see that you alone are where our hope comes from. Help us to shake off the anxiety, discouragements, and distractions that have filled this year. May we pause to remember that we have hope in you. You know the end of our stories, and we give thanks because you have promised that it will be a victorious ending.

Give us the grace we need to wrap up this year joyfully. We invite your Spirit into this beautiful Advent season. Renew our sense of holy anticipation! Let us be those who are waiting eagerly for Jesus to come again.

More than anything, we ask that you be glorified in this season of expectation. Amen

From: <https://www.crosswalk.com/>

What's On

Every week

Monday 10.30am EM Tooth Prayer and Praise
Tuesday 9.30am Bible Reflection/discussion @ the Chapel
Wednesday 7pm Men's Ministry, Wynnum
Sunday 9.30 Parish Eucharist @ Lota House Chapel

Coming up in November

30th Advent 1 Angel Blessing/Giving Tree Launch

Coming up in December

1st Aveo Community Eucharist
3rd Pete's Pantry Christmas Lunch
4th Tatters and Chatters, Wynnum Library 2pm
6th Car Boot Sale, Meadowlands Rd Carina
6th Paish Council End of Year Meeting 12.30pm
6th Ecumenical Carols at St Peter's Wynnum 5pm
7th Parish Council meets with +John 2pm
7th Tingalpa Chapel Carols 5pm
10th E M Tooth Community Eucharist 2pm
10-16th Treerific @ St Peters

The Vicar's Voice

Well Advent starts this weekend... and I have already had my first Carols Service and End of Year lunch. The first of many ahead.

It was such fun to join E M Tooth Coordinator of Spiritual and Pastoral Care Peta for her regular Monday resident's worship service. The theme was angels and I took up my wee white angel I bought when I was... you know where.

Hopefully we will have heaps of angels to share this coming Sunday. Speaking of angels here's me with three of them... the wee white one, Zana from the Lifestyle team and our own Beryl who saddled up at the keyboard to lead us in some hearty singing! So good to see and hear her in action!!

Advent in the Northern Hemisphere was about cold nights drawing in and gloomy, dark days. Here it's end of year busy-ness and celebrations. I've included our Advent Calendar of activities and actions but I hope we can all take moments to pause, breathe and just be as we prepare for the wonder and joy that lies ahead.

Every Blessing Andrew



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