



ST PAUL'S ANGLICAN COMMUNITY, MANLY

**SUNDAY 31st August 2025**

# ST PAUL'S NEWS

JESUS CHRIST | SPIRITUALITY | COMMUNION | TRADITION

## WELCOME

At St Paul's "we love because God first loved us" (1 Jn. 4:19).

We believe in the inherent goodness of all people - that the divine dwells at the heart of all living things. We believe the whole world is sacred and so we seek to celebrate God's presence among us with joy.

As such, we are committed to the spiritual growth and wellbeing of all who seek a place to belong.

St Paul's is an inclusive church, welcoming all and offering equal opportunities for those seeking an authentic spiritual community.

**Rev Andrew Cooper - Parish Priest**

## Contacts

### PARISH PRIEST

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We acknowledge the traditional custodians of this land, the Quandamooka people and their elders past, present and emerging. We honour the connection the traditional custodians have with this land.



- MU Dementia Workshop
- More MU on the Road
- Season of Creation events
- More stuff to do.

## Starting the conversation about Dementia



**Manly Wynnum MU President Ailsa Gill welcomes Dementia Australia Speaker Patrick Dare and 45 willing workshopers.**

What a privilege to welcome Patrick Dare from Dementia Australia to share his story of living with dementia at the recent Manly MU Dementia Awareness Workshop. Patrick shared his real life story of diagnosis, adjustment and creative living with dementia. We truly appreciated his honesty, openness and humour.

He encouraged us to have hope and begin a conversation around dementia with those we love. We certainly will!!

**More pics and reactions from participants inside.**

*St Paul's Anglican Community, Manly gathers for worship every Sunday at 9.30am in the Chapel, Lota House 162 Oceana Terrace, Lota.*

*We welcome you!*

# Community Matters

Manly Wynnum MU acted on one of their core objects to help those whose family life has met with adversity when it hosted a wonderful Dementia Awareness Workshop in partnership with Dementia Australia.

MU Australia encourages all of its members to take an active interest in social issues and believes that all have a role to play in our communities. So it was great to welcome over 45 participants into St Pete's Hall for an important morning of thinking, sharing and learning with Patrick Dare from Dementia Australia. Folk came from other churches, community organisations, word of mouth invites and of course a group from our own E M Tooth!

The day builds on the aim of Dementia Australia to engage as many people as possible in conversation about Dementia. There was lots of table talk and great input from Patrick to stimulate conversation. The point was not to give medical advice or solutions to specific situations.... That is the work of GPs, gerontologists and the Dementia Australia Helpline. Feedback from participants highlighted their appreciation of the opportunity to engage with the conversation.

**Ailsa Gill, with some help from our AI friends says:** There was lots to take away from today's workshop from Patrick's talk, the videos, and also the discussion points.

## **Understanding Dementia: Acceptance, Communication, and Compassion**

- It is important to accept the different ways a person with dementia perceives the world, rather than trying to correct them. Their reality may be different from ours, but it is very real to them — and meeting them with patience and empathy can make all the difference.
- Patrick has been living with dementia for quite some time, yet he continues to share his experiences and insights. Dementia does not mean a person is no longer able to live a meaningful life. With care, support, and lots of understanding, individuals with dementia can still contribute to society in valuable and inspiring ways.
- Communication and education are essential. By learning about the illness and the limitations it can impose, we empower ourselves to continue loving and supporting those affected — not for who they once were, but for who they still are.
- Can we overcome the stigma that often surrounds words like "cancer" and "dementia"? These are diagnoses, not definitions of a person's worth or potential. With greater awareness, we can replace fear with compassion and misunderstanding with connection.

## **Other MU members shared their thoughts:**

*'I can remember the Hotline number 1800 100 500! Listening to Patrick was interesting, with knowing what he is going through and being able to talk about it.'* Robyn

*"Great speaker today. Good to hear from someone who is going through dementia and how he is trying to get through to other people. What a lovely crowd! I'm sure all left with plenty to think about."* Lynn B

*"Patrick was an inspiring speaker. Dementia IS NOT contagious! If you have concerns about family or friends, start a conversation!"* Isobel





## The basics: facts and myths about dementia

- \* Dementia is a brain condition. Dementia is not a normal part of ageing. Dementia can have many causes. It can have physical as well as mental symptoms.
- \* Dementia can affect someone's communication, planning, problem solving, behaviour, mood and sensory perception.
- \* Dementia isn't contagious, and it's only rarely genetically inherited.
- \* People of all ages, from childhood up, can experience dementia, although it's more common as you get older.
- \* There are no known cures for dementia and few effective treatments, but research is ongoing.
- \* Everyone's experience of living with dementia is unique, as there are many different types of dementia and symptoms may present differently in different people.



### Find out more about the reality of Dementia

<https://www.dementia.org.au/about-dementia/dementia-facts-and-figures>

### National Dementia Helpline Call 1800 100 500

The 24/7 Helpline offers free and confidential emotional support and guidance, assistance with navigating services and programmes and clear information and advice including government support, Carer Gateway, NDIS and DBMAS.



[www.dementia.org.au](http://www.dementia.org.au)





# And A Manly MU Road Trip Rocks the Highway!

Kay Voltz and Robyn Lawlor joined Ailsa and Paul Gill on a trip to Bundaberg for the Mothers' Union Country Council Meeting which was held on Tuesday 19th August at Christ Church, Bundaberg.

**Ailsa writes:** Our first stopover on Monday morning was to visit Col and Phyl Ramsay at their new home at Burpengary for morning tea. They are very settled into their beautiful new home with new friends on either side. Phyl has obtained her LA licence and can now assist with services at Freshwater Parish where she is already well known, as we discovered when chatting to Freshwater MU members on Tuesday at the meeting. Col is also busy and is now part of the social committee in their village.



The meeting on Tuesday morning was in the beautiful Christ Church Bundaberg. There were two excellent guest speakers. First Ms Jo Leveritt, a local solicitor and member of the Christ Church congregation. The Parish provides a lunchtime soup kitchen every Thursday and a sausage sizzle every Saturday for to Centrelink card holders and other members of the community who are in need. It was while assisting with the sausage sizzle that Jo became aware that many of the folk were in need of legal assistance and she set up a table at the sausage sizzle and made her knowledge available as a free service. From this Bundaberg Street Law has been established which is now an Independent Legal Practice with 12 lawyers and law students serving the homeless and those at risk of homelessness.



Ms Jo Leveritt Solicitor and Dr Noah Steel with Bundaberg MU President Gail Bauer

As a result of her experiences with Bundaberg Street Law, Jo has now launched a new initiative, the Steps Forward: Child Safety Advocacy Program. This provides specialised legal advocacy for women experiencing domestic violence who are also navigating the child protection system. The program will provide women with comprehensive support during some of their most vulnerable moments. You can read more about her work on the Christ Church Bundaberg web site or Bundaberg Street Law. Some of Jo's stories were heart breaking, but the work she is doing is absolutely heart warming.

Our second speaker was Dr Noah Steel, a third year medical student from the University of Queensland who is completing his placements in Bundaberg. (Many students from UQ now complete their placements in regional centres.) He told us about the VacSeen Project, which was established during COVID to provide vaccinations to people experiencing homelessness. As the need for COVID vaccinations declined, the project shifted focus and has now launched a weekly clinic in Bundaberg to provide primary health care to the homeless. Groups of medical students, supervised by a GP, run this clinic.

We were surprised to learn that their most common area of care is wound treatment, making tetanus vaccinations more in demand than flu shots. The service is greatly appreciated, especially given how difficult it is to get a doctor's appointment and the fact that many homeless individuals cannot afford to pay for medication. We thoroughly enjoyed both speakers and were deeply impressed by the compassion and outreach being offered by the Bundaberg parish.

On Wednesday morning we joined Pat and Geoff Patterson, former parishioners of St Pauls, for breakfast at Bargara. It was great to see them and to hear how much they are enjoying much they are enjoying life in Bargara. Pat is still a member of Mothers' Union here at St Pauls. They have a long love of pup Giddie Gill!



Find out more at <https://bundastreetlaw.com/> and <https://www.bundaberganglican.org/caring-for-our-community>



# PEACE WITH CREATION

## SEASON OF CREATION 2025

**Our hope:** Creation will find peace when justice is restored. There is still hope and an expectation for a peaceful Earth. *Isaiah 32:14-18.*

### 7<sup>th</sup> September *Stare at the Sea*

Lota Foreshore Park, The Esplanade, Lota

### 14<sup>th</sup> September *Gaze at the Garden*

Bethania Street Community Garden, Lota

### 21<sup>st</sup> September *Pause in the Park*

Torrens Crescent Park, Margaret Crescent, Wakerley

### 28<sup>th</sup> September *Be in the Bush*

Melaleuca Environment Park, Clifton Street, Manly West

4.30 pm — 6pm

Short creation centred reflections and prayer followed by something refreshing and nibbles. Bring your refreshments, a folding chair and appropriate clothing. Contact Fr Andrew [priest@stpaulsmanly.org](mailto:priest@stpaulsmanly.org)

*The Season of Creation is a time to renew our relationship with our Creator and all creation through celebration, conversion, and commitment together.*

## More stuff to engage with community and God's love at St Paul's

### A Tweak to Tatters and Chatters in September.

**Change of time for Thursday 4<sup>th</sup> September... 10am to 12pm**

Due to a prebooked function at the Library our craft and chat needs to shift to 10am for one day only. After this coming week we will be back to our afternoon get together on September 18th.



### BCA Boxes: Due at the end of September

A heads up for those folk who collect bits of cash in the BCA boxes. We will be collecting them and giving thanks for the work of God in rural and remote communities. Cash donations are always welcome if you don't have a box.

**Watch this space.**



## Manly Gardens Retirement Village



### Home Communion Service

Keep our lovely people residing at Aveo Manly

Gardens in your prayers as we pray for you and the world at our simple home Eucharist this Monday 1st September at 2pm.





### Scripture Readings: This Week

Jeremiah 2:4-13; Psalm 81:1,10-16;  
Hebrews 13:1-8,15-16; Luke 12:1-14

### Next week:

Jeremiah 18:1-11; Psalm 139:1-5,12-18;  
Philemon 1-25; Luke 14:25-35

### For your prayers:

- ♦ The Anglican Church of Southern Africa
- ♦ The Diocese of Brisbane
- ♦ The Parish of Ithaca-Ashgrove
- ♦ State Chaplaincy Board
- ♦ Hillbrook Anglican School, Enoggera

**Yvonne, Coralie, Richard, Ann, Bruce, Judi, Brad, J and J, Chloe and Family, Shirley, Maggie, Val, Vivien, Zoe, Ben, Ali Bev, Desley, Daryl, Michael, Peter, Jean, Marilyne, Georgia**

### Prayer For those living with Dementia

Pour your grace, O loving God,  
upon all living with dementia.  
It is frustrating not to find a word;  
it is fearful to lose one's  
memories.

Bless us all with patience,  
a loving and supporting family,  
and days of hope  
and accomplishment.  
In Christ's name we pray.

**Amen**

## What's On

### Every week

**Monday 10.30am** EM Tooth Prayer and Praise  
**Tuesday 9.30am** Bible Reflection/discussion @ the Chapel  
**Wednesday 7pm** Men's Ministry, Wynnum  
**Sunday 9.30** Parish Eucharist @ Lota House Chapel

### Coming up in September

1st Season of Creation begins  
1st Aveo Community Eucharist  
4th Tatters and Chatters @ Wynnum 2pm  
5th Car Boot Sale  
7th Stare at the Sea, Lota Foreshore 4.30pm  
10th E M Tooth Residents Eucharist 2pm  
13th Cursillo 10.30am  
14th Anglicare Sunday with Stephen Harrison  
14th Parish Council 11am-1pm  
14th Gaze at the Garden, Bethania Street Community Garden  
18th Tatters and Chatters @ Wynnum 2pm  
21st Pause in the Park, Torrens Crescent Park, Wakerley  
23rd MU Eucharist and Meeting 9.30am

## The Vicar's Voice

**I got to the Garden!!!**

**Woo Hoo and Whoopie!!**

The planets aligned, the day was fair, there was no funeral meeting or trip to the pantry, the ground was stable, my mood was at maximum equilibrium and breeze just gentle enough to cool the early spring sun... so I managed to traverse the expanse of green over the road from my house and catch up with the willing workers at Bethania Street Community Garden.



Such an oasis of creativity, love and horticultural wisdom. Its always great to see the buzz of activity as the long lists of tasks is ticked off. I was chuffed so many remembered my name after an absence that has been too long. I got to rip news paper ready for

composting and get out the art and craft scissoring to make some labels for netting!



Great to catch up with the Austins, Eunice and Chris and Isobel. Lots of lovely produce to share and a really wonderful spirit of community.

We will be sharing the space for one of our Season of Creation reflection events later in September so keep an eye out for creation inspiration.

**Every blessing**

*Andrew*

### Support our Ministry

Bank: Anglican Financial Services  
Account: Manly Anglican Parish  
BSB: 704-901 Account #:00000690  
Reference: 'offering'

[www.stpaulsmanly.org](http://www.stpaulsmanly.org)

**Parish of Manly**

**Anglican**  
Church Southern Queensland